

## ASTRA – FROM WITHIN

Released February 20<sup>th</sup> 2009

LMC257

EAN6419922002575

### TRACK LISTING

01. Over The Hills
02. Promises You Made
03. Memories Remain
04. The Rage Behind
05. Save Another Day
06. Hypocrisy
07. Road To Nowhere
08. Simple Mind
09. The Hitman
10. Never Say Goodbye

### MUSICIANS

Titta Tani : Lead and Background vocals.  
 Andrea Casali : Bass and background vocals.  
 Emanuele Casali : Piano, Keyboards and acoustic guitars on "The Rage Behind".  
 Silvio D'onorio De Meo : Guitars.  
 Filippo Berlini : Drums.

### CREDITS

Written and recorded at Random Music House (Rome – Italy);  
 Drums recorded at NMG studios (Palestrina – Italy) by Alex Di Nunzio;  
 Editing by Emanuele Casali and Alex Di Nunzio;  
 Mixed at NMG studios by Alex Di Nunzio and Astra;  
 Mastered at Prophecy & Music Factory studios (Kempton – Germany) by R.D. Liapakis and Christian Schmid;  
 All songs written by Astra, words by Titta Tani except "The Rage Behind", written and arranged by Emanuele Casali and Titta Tani;  
 Management by Chiara Pellegrini  
[www.chiarapellegriniagency.com](http://www.chiarapellegriniagency.com)

### OFFICIAL WEBSITES

[www.astraprog.com](http://www.astraprog.com)  
[www.myspace.com/astraprog](http://www.myspace.com/astraprog)  
[www.chiarapellegriniagency.com](http://www.chiarapellegriniagency.com)

### LION PROMO PAGE

[Lionmusic.com/cd/fromwithin.htm](http://Lionmusic.com/cd/fromwithin.htm)

Page has downloadable press pack inc hi-res images, album artwork and more.



One of the front runners of the Italian progressive metal scene, Astra mark their first release for Lion Music with the dazzling "From Within". Best described as a mixture of Symphony X, Vanden Plas, early Dream Theater and Queen crossed with some AOR touches; the new album sees Astra delivering an album of high quality from start to finish with a strong accessible punch to the music on offer. Having made a good impression with press worldwide with their debut album "About Me: Through Life And Beyond" (Burning Star Records) the

band have honed their style for "From Within" and look set to reach out to a wider audience of prog metal fans worldwide. Possessing a more straightforward progressive metal sound, Ten tracks of musically rich and melodically full metal, "From Within" is ultra powerful in song structure and musicianship all enhanced by an excellent production. To sum up "From Within" is accessible, catchy and impressive as hell.

"From Within"s creation began in late Dec 2007 with jams done by Titta (on the drums), Emanuele, Silvio and Andrea. Filippo then joined the band for a week and gave his help to create some tunes and finished other songs. A lot of pre-production was made and with the help of internet all the vocals line and keyboard parts were ready 5 months before the recording sessions. The recording sessions ran from February – March 2008 and the mixing sessions finalised the album in September-October 2008 all being finalised with the release of "From Within" on February 20<sup>th</sup> 2009.

### BAND HISTORY

Astra started back in 2001 in Rome as an instrumental project. At the time a 4 piece 3 of which (keyboard, bass and guitar players) are still are in the current line-up. After several line-up changes they reached the current line up: Titta Tani (main vocals), Emanuele Casali (keyboards and chorus), Andrea Casali (bass and chorus), Silvio D'Onorio De Meo (guitars) and Filippo Berlini (drums). Titta Tani is also known as the drummer of Death Metal acts Necrophagia and Daemonia and is one of the most well know metal session musicians in Italy and he divides his career as a vocalist and as a drummer and is also a former member of DGM. May 2002 saw the band win the first Italian Official Dream Theater Tribute Band Contest as undertaking a tour of Italy's clubs. They also performed featuring Dream Theater keyboardist Jordan Rudess at the Italian Dream Theater fan club's 10-year party. In December 2005 Astra signed for Burning Star Records and got back to the studio to record their debut. In August 2006 Burning Star Records released "About Me: Through Life And Beyond" which well received from press worldwide. Now the Astra are back and completed the writing, recording and mixing of their new album "From Within" that will released on February 20<sup>th</sup> 2009 through Lion Music.

### MARKETING & PROMOTION

- » Astra are considered frontrunners in the ever increasing Italian prog metal scene.
- » Reviews in all leading rock press – interviews available contact [promo@lionmusic.com](mailto:promo@lionmusic.com)
- » Vocalist Titta Tani is well known in the metal field for works with Necrophagia, Daemonia and DGM amongst others.